

Before Arrival

When applying for a Russian visa please check with your local consulate or visa centre whether a negative Covid test should be submitted. Please also check with your flight operator beforehand whether the test is required for boarding.



From our side, we ask you to do the test no later than 72 hours before the departure or immediately on arrival at the airport.

Students with positive test results will need to self-isolate for at least two weeks. Please note that self-isolation is impossible at our host families 'or shared flats: you will need to put up at a hotel or a private apartment at your own expense, but if you have our accommodation booked, Liden & Denz will refund your payment for the unused period. During the self-isolation period tuition will be delivered online or can be postponed or refunded, if due to health reasons you are unable to study. If necessary, we will assist you with medical care and finding accommodation. The same rules apply in case you have Covid later during your stay.

Please make sure that your medical insurance covers health expenses in Russia.



School Safety Measures

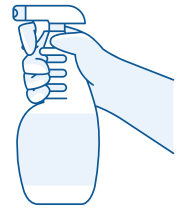
At our schools in St.Petersburg, Moscow and Irkutsk we are working hard to introduce high-standard sanitary measures, respecting social distancing rules and following all government guidelines:

1. We regularly carry out a thorough sanitation/cleaning of the premises using disinfectants according to sanitary and epidemiological requirements. Premises will be deep cleaned and disinfected daily.
2. Assign each group/class to a fixed classroom for the whole duration of the course.
3. Minimise the number of students in a group to secure safe seating according to social distancing requirements.
4. Install additional sanitizer dispensers next to the entrance (in addition to already existing ones in the lounge and halls). Provide face masks for students and staff (if requested) to ensure that they are worn by both at all times outside of the classrooms.
5. We will increment start and break times and have breaks after each lesson. That way there won't be any rush-hour at the start of the lessons, during break and lunch times. Each group (or 1:1 student) adheres to an individual timetable.
6. Provide contactless thermometers and secure immediate isolation of students/staff showing any symptoms of respiratory diseases.



7. Sanitise the premises regularly (during the breaks and after the classes), cleaning:

- All surfaces in the classrooms/other areas that may come in contact with skin.
- Bathrooms
- Taps
- Flush buttons
- Floors
- Door handles
- Furniture

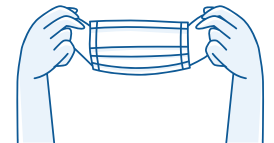


8. Secure regular airing of the classrooms (before/after each lesson) and other areas.

9. Secure sanitation of the water fountains/coolers and availability of disposable cups/glasses.

10. At customer counters, floor markings are applied to ensure that the allowed minimal distance between customers is maintained. Plexiglas panels are installed at the reception desk.

11. We removed all magazines, leaflets, and other printed material from common areas. We further remove all tablets/ Ipads for public use. We also will minimise distribution of teaching hand-outs (worksheets, copies) in the classrooms. Use electronic copies instead, our online self-study zone and encourage students to bring their own devices.



12. Distance regulations are also observed during outdoor excursions - activities with higher transmission risks are avoided if possible.

